



Dr Mikayla Couch is a Bundjalung woman from Tweed Heads and a gynaecology and obstetrics registrar – who combines her passion for Indigenous health and women's health in hosting the BLA.C.K Medicine podcast series.

Jingi Walla! I wish to pay respects to my elders past and present and acknowledge all our deadly mob working hard as medical professionals and shaping the way as the Indigenous leaders of tomorrow.

Black Medicine is a podcast for Indigenous peoples by Indigenous peoples. It will talk about broader health, medicines, common issues we face, Closing the Gap, awesome initiatives in different areas and how you can improve your own health.

Each fortnight we will be interviewing Indigenous doctors and health care workers to pick their brains on Indigenous health and learn from what they've been working on. We've got some crackers in there for you, from COVID, men's, women's and children's health, to pap smears, Intra Uterine Device (IUD) insertions, to sexology and burnout in medicine.

Come on you mob, let's take control of our health and close that gap. Connect with us on Instagram [@bla.c.k.medicine](https://www.instagram.com/bla.c.k.medicine).

Coming soon – BLA.C.K medicine will launch on Monday 17th January

The podcasts will be made available via the major apps on your smartphone

